### 2023 BCSD Spring Athletics Information Meeting Mr. John Giametta

Director of PE, Athletics, Health & Recreation

#### **BCSD Spring sports:**

Baseball (M, JV, V) Softball (M, JV, V) Boys & Girls Track (M, V) Boys & Girls Crew (V only)

Girls Lacrosse (M, V) Boys & Girls Golf(Dev, V) Boys Tennis (Dev, JV, V)



### BCSD Athletic Program: OUR Goals

**COMMUNICATE**- With our athletes, families and the community.

**MOTIVATE**- Key to making our programs more successful.

**MAKING A DIFFERENCE**- Both on the field & in the classroom.

**POSITIVE ATTITUDE**- "Life is 10% what happens to me, and 90% how I react to it."

**DEDICATION**- From ourselves and our athletes, both in the classroom and on the field!

#### **BCSD Athletic Department Introductions....**

Athletic Secretary- Mrs. Claire Vigna

Athletic Trainer-

Mr. Tom Bergmann

BHS Nurses- Ms. Hannah Aakjar

Ms. Mary Oberle

**RMS Nurse-**

Ms. Amber Klemann

vigna.c@beaconk12.org

bergmann.t@beaconk12.org

aakjar.H@beaconk12.org

oberle.m@beaconk12.org

klemann.a@beaconk12.org

#### Spring 2023 Coaches Contact Information

Baseball	Varsity JV Modified	Bob Atwell Brian Guillet Nick Demarco	@BeaconBaseball @BrianGuillet @Beacon_Mod_Baseball	atwell.b@beaconk12.org guillet.b@beaconk12.org demarco.n@beaconk12.org
Softball	Varsity JV Modified	Catie Oriani Carolann Del Bene Brianna Tobin	@CoachOriani @BriannaToin_	oriani.c@beaconk12.org delbene.c@beaconk12.org tobin.b@beaconk12.org
Spring Track	Varsity Boys Varsity Girls Mod Boys Mod Girls	Jim Henry Ron Hammond Jim Phelan Paul Tetrault	@BCSDTrackXC	henry.j@beaconk12.org hammond.r@beaconk12.org phelan.j@beaconk12.org tetrault.p@beaconk12.org
Boys Tennis	Varsity & DEV JV	Dave Ryley Tom Hoyle	@BeaconVBTennis	<u>dtryley@gmail.com</u> hoyle.t@beaconk12.org
Girls Lacrosse	Varsity Modified	Taylor Modica Catherine Murray	@CoachModica @BeaconmodXC	modica.t@beaconk12.org murray.c@beaconk12.org
Boys Golf	Varsity & Dev	Matt VanVoorhis	@CoachVanVoorhis	vanvoorhis.m@beaconk12.org
Girls Golf	Varsity & Dev	Jeanmarie Jacques	@GlenhamPhysEd	jacques.j@beaconk12.org
Boys & Girls Crew	Varsity	Robin Ackerman		ackermanRC@yahoo.com

### BCSD Spring Sports Start Dates

- Varsity & JV practices begin on March 13
- Modified practices begin on March 22
  - Students will not be authorized to begin practice unless they are registered and approved on Family ID
  - For updates, refer to the athletics website and follow your coach on TWITTER
  - For questions- Contact the coach of your team



### BCSD Family ID Registration



- FAMILY ID IS NOW OPEN FOR ALL SPRING SPORTS
- Sports Physicals are available by the BCSD
  - Available dates for physicals:
    - March 7, March 14, March 21
  - To make an appointment for your child to receive a sports physical, please email our Head Nurse at <u>aakjar.h@beaconk12.org</u>

Students will not be allowed to participate in sports until their registration has been approved.

You will receive an email stating that he or she has or has not been approved, which will contain any other information needed to achieve approved status.

Failure to register by the above dates may result in students being **unable to participate**.



### **TWITTER:** BCSD Athletics @BCSDBulldogs

- Connect to @BCSDBulldogs for the district athletic page
- All varsity coaches will be connected to a TWITTER account
- Game updates, scores, highlights, etc.
  - Beacon City Schools: @BeaconCSD
  - Poughkeepsie Journal: @PJSports
- For the latest updates & information refer to TWITTER

## http://twitter.com/bcsdbulldogs

### BCSD Athletics Page & RSchool App

#### • Beaconk12.org

- Click "Departments" and "Athletics"
- Info provided: Announcements, Schedules, Directions, Family ID, Contact Info, Hall of Fame, Student Athletes & Parent Handbook
- RSchool "Activity Scheduler"
  - Visit the App store and download the rST Activity Scheduler App
  - When you enter the App, type in "Beacon City"
  - You will then have access to every active schedule for the year!

### Athletic Schedules & Updates

- **RSchool APP** Best resource available!
- Updates will be given by each specific sports program
  - Twitter, Email, RSchool, etc.
  - The method being utilized will be provided by the head coach
- BCSD Athletics Calendar will be posted on the BCSD website
  - Dates/Times/Locations are all subject to change
  - $\circ$   $\quad$  While this is a helpful resource, it is not always up to the minute
- We will do our best to keep you up-to-date
- If you have a question, please contact the <u>head coach</u> of the team.



### BCSD Student Athlete & Parent Handbook And Code of Conduct for Parents & Spectators

- Visit the BCSD website under "Athletics" to find a copy of the Student Athlete & Parent Handbook.
- Acknowledgement that you and your child fully understand and agree to abide by the policies and procedures in the handbook was given through "Family ID."

#### **BCSD Transportation Approval**



- Acknowledgement that you agree to our BCSD Transportation policy was given through "Family ID"
- A few pieces of information important for you to know...
  - Only parent/guardians or emergency contacts provided on Family ID are authorized to transport an athletes
  - Prior approval needed from the the coach
  - Sign-out sheet with the coach

\*Extenuating issues should be brought with advanced notice to the Director of Athletics\*

#### **Student Requirements for Participation** (Located in the BCSD Athletic Handbook)

- Must be in enrolled in a total of 4 classes (3+PE) each semester
- Absent from school for the entire day = Ineligible to participate that day
- Students must sign in by 11am
- Students must attend at least 4 periods of the school day
- Students must turn 19 years old **after** July 1, 2022 to be considered an eligible athlete

#### **Student Practice & Contest Responsibilities** (Located in the BCSD Athletic Handbook)

- Failing PE = Automatically ineligible for interscholastic athletics
- Any student failing 2 or more subjects or just PE is considered academically ineligible
  - Student is put on probation for 2 weeks and can then apply for reinstitution.
  - Reinstitution forms must be signed off by teachers and submitted to the athletic director.
- Students ineligible for two consecutive marking periods are not entitled to the two week probationary period, and therefore, are ineligible.
- The determination of a students eligibility status will be done via the **progress reports** and issuance of the **report cards**.

#### **Student Practice & Contest Responsibilities** (Located in the BCSD Athletic Handbook)

- Prior approval from coach required before missing team events
  - Students must attend all practices & games unless approval given by the head coach
    - Loss of playing time will occur if approval is not given
    - Unacceptable reasons for missing team events include, but are not limited to: work, vacations, professional sporting events, concerts, other athletic programs/rec teams/travel teams
- Normal Doctors/Dentist visits, other after-school non-emergency appointments, should be avoided during the season
- Extenuating circumstances should be brought to the attention of the head coach for PRIOR APPROVAL

#### Equipment & Personal Property Responsibilities (Located in the BCSD Athletic Handbook)

- All BCSD provided uniforms and/or equipment that is lost or damaged will be charged to the athlete at replacement value
  - Student will be ineligible to participate in future BCSD Athletic programs until requirements are met

#### **Reporting Injuries or Filing Claims** (Located in the BCSD Athletic Handbook)

- An athlete must report an injury to the coach or athletic trainer immediately
- It is the responsibility of the injured student's parent/guardian to complete the claim form within 90 days of the accident and send it to the specified school insurance company
- Once an accident report has been submitted to the school nurse, an athlete cannot return to play until they have been evaluated by their private health care provider and they have provided the school nurse with a clearance note from the provider
  - At this point we cannot allow them to play until this note is received

#### Student Behavior Code (Located in the BCSD Athletic Handbook)

- Behaviors that can result in suspension from contests, team activities, or from future BCSD Athletic programs include, but are not limited to:
  - COC Infractions at the school level
  - Fighting
  - Abusive language
  - Unsportsmanlike behavior
  - Insubordination to the coach or other authority figures
  - Bullying/Hazing (Violation of the Dignity Act)
  - **CYBER INFRACTIONS** (ex. Inappropriate messages/texts/posts on Twitter/Kik/Snapchat/etc.)
- Behavior code infractions are enforced from events that occur both on and off school grounds

#### **BCSD COC & Interscholastic COC** (Located in the BCSD Athletic Handbook)

- Infractions of the BCSD COC that occur either on or off school grounds may result in suspension of games/team activities/future BCSD Athletic programs
- SUBSTANCE ABUSE
  - Participants are not to use, possess, or be under the influence of:
    - Alcohol
    - Illegal substances (Drugs)
    - Tobacco- including vaping, *Ecigarettes*, or other electronic forms of nicotine/tobacco
    - Performance enhancing drugs
- This provision is in effect at the start of the fall sports season through the last day of the spring season, regardless of whether the athlete is participating in that sport season. Suspensions also carry over from season-to-season and school year to school year.
- **FIRST OFFENSE** One week suspension from all team activities
- **SECOND OFFENSE** Removal from the athletic program for 1 entire sports season or two total months (whichever is longer)
- **THIRD OFFENSE** Removal from the BCSD athletic program for one year

# NCAA Eligibility Center

- Student athletes must register through the NCAA Eligibility website in order to be eligible to play NCAA Division I or II sports in college
  - End of Sophomore year, beginning of Junior year
  - Athletes do not need to register for Division III sports
- Registration is required in order to participate and to receive scholarships
  - Website reference: <u>https://web3.ncaa.org/ecwr3/</u>
- For more specific information contact your guidance counselor:
  - Anna Orlando
  - Shannon Morales
  - Dominic Scecchitano
  - Dawn Smith

orlando.a@beaconk12.org morales.sh@beaconk12.org scecchitano.d@beaconk12.org smith.daw@beaconk12.org

#### For Parents & Spectators: Spectator Expectations at BCSD Events

- Positive comments are encouraged!
  - Negative comments toward players/coaches/officials/opponents will not be tolerated
- Avoid actions that offend visiting teams/individuals/spectators/officials
  - Ex. Name calling, number calling, taunting, etc.
- Those spectators or parents deemed detrimental to the values of good sportsmanship will be removed from the contest or will be suspended from further contests
- Standards include away contests or contests held at alternate locations

#### Help represent Beacon Athletics!

#### For Parents: Question/Concerns throughout the season...

- Encourage your child to inquire
  - Part of our goal is to encourage communication- if there is an issue please speak privately with your coach
- If more clarification is needed, contact the Varsity Coach of the program
- Additional questions or concerns can be brought to the attention of the Director of Athletics
  - Questions regarding playing time, performance, gametime decisions, etc.
    - These will be directed to the coach

PLEASE reach out to a coach if you have questions.



## Varsity Award Ceremony (June 7, 2023)

- Bulldog Award- 6 Varsity Seasons between Jr/Sr year
- Athletic Director's Achievement Award- 6 Varsity Seasons between Jr/SR year plus 1-3 additional Varsity Seasons
- **Superintendents Achievement Award-** 6 Varsity Seasons between Jr/SR year plus 4 or more additional Varsity Seasons
- Joe Vorbach Scholar Athlete Award- Male/Female Senior Athletes with the highest GPA
- **Most Outstanding Athlete Award-** Male/Female Senior Athlete who excels in athletics, the classroom and the community
- Vito DiCesare Award- Most outstanding Male/Female Senior Athletes
- Scholarships- Over \$5500 in scholarships offered to our senior athletes!

#### In addition, each program will give out 3 team awards (MVP, Most Improved, Coaches Award)

#### Important Dates...



- March 13- Start date of Spring Varsity/JV Sports
- March 22- Start date of Spring Modified/Dev Sports
  - SPRING BREAK\* <u>Varsity/JV have scheduled games</u>
  - May- Modified Awards Ice Cream party during 8th Period
    - College Athletics Commitment Ceremony at 3pm
  - June 6- JV Awards Ice Cream Party at 215pm
  - June 7- Varsity Awards Ceremony
- June 22- BHS Graduation

April 3-7-

June 5-

• August 21- Fall Varsity/JV/Dev Sports Begin

## Virtual Meeting Locations...

- **Baseball-**
- Softballhttps://us05web.zoom.us/j/86445161347?pwd=M2ZuUndGeTZ5bmFxMDNHb3dRalVUUT09

Meeting TBD- Questions can be sent to atwell.r@beaconk12.org

- Trackhttps://us04web.zoom.us/j/77614187046?pwd=L9coSO2cGgtYmTZmm0lbbd3lGoz8xU.1
- **Boys Tennis-**
- **Boys Golf-**
- **Girls Golf-**
- Girls Lacrosse-
- https://us05web.zoom.us/j/3830531888?pwd=UWZyS3ZDZDq5UHBSbXhwOWhGVVR5UT09 https://us05web.zoom.us/j/87082196882?pwd=SFY2Q2s0NTFZUVdMcFJBN2xpQzVQZz09 https://zoom.us/j/92861672378?pwd=a21HQVQxQm9FbFZ1aU9xN1JoZGpjUT09 https://us05web.zoom.us/j/87805277234?pwd=eTZJakxxMHFScFdwVHIxRXM1M29SUT09